

The Ultimate Healthy Living Bundle

Allergy-Free

- [*A Backyard Summer*](#) from Caroline at [Colorful Eats](#) (\$4.99)
- [*Allergy Free & Delicious*](#) from Kelly at [The Pretty Bee](#) (\$9.99)
- [*Beyond Grain & Dairy*](#) from Starlene at [HQ Productions](#) (\$16.97)
- [*Beyond the Cereal Box: Gluten-Free and Family-Friendly Recipes for Breakfast*](#) from Haley at [Carrots for Michaelmas](#) (\$6.99)
- [*Go Grain Free*](#) from Jill at [Real Food Forager](#) (\$76)
- [*Nine Easy Steps to Delicious Gluten-Free Living*](#) from Toni at [Cultivated Wellbeing](#) (\$5.50)
- [*Nutritionally Wealthy Recipes*](#) from Catherine at [Butter Nutrition](#) (\$2.99)
- [*The Grain Free Lunch Box*](#) from Jolene at [Yummy Inspirations](#) (\$9.95)
- [*The Grain-Free Snacker*](#) from Carol at [Ditch the Wheat](#) (\$24.97)

Essential Oils

- [*Essential Oils for Families*](#) from Jessie at [Vintage Remedies](#) (\$95.00)
- [*How to Protect Your Family from Colds and Flu Using Essential Oils*](#) from Andrea at [Aromahead Institute](#) (\$50.00)
- [*Printable Essential Oil Reference Guide*](#) from Mandi at [Life Your Way](#) (\$7.00)
- [*The Beginners' Book of Essential Oils*](#) from Christine at [Joybilee Farm](#) (\$9.97)
- [*The Truth About Essential Oil Safety*](#) from Lea at [UsingEOsSafely.com](#) (\$9.99)

Fitness & Weight Loss

- [*27 Body Transformation Habits You Can't Ignore*](#) from Tyler at [Garage Warrior](#) (\$9.00)
- [*7 Day Diet Plan*](#) from Katherine at [Green Thickies](#) (\$25.00)
- *Foundational Five* from Beth at [Fit2B studio](#) (\$19.95)
- *Healthy Moving Core Workshop* from Jennifer at [Healthy Moving](#) (\$79.00)
- [*Love Your Body: The Imperfect Girl's Guide to Positive Body Image*](#) from Elizabeth at [The Nourished Life](#) (\$8.00)
- [*MASH Up 45 Day Challenge Digital Bundle*](#) from Jamie at [Mashup Conditioning](#) (\$45.00)
- [*Metabolic Bodyweight Blasters*](#) from Funk at [FunkMMA](#) (\$49.00)
- [*Never Gymless*](#) from Ross at [Ross Training](#) (\$19.95)
- [*OPENutrition Challenge*](#) from Heather at [OPENutrition](#) (\$37.00)
- [*Thrive90 Fitness Program*](#) from Dustin at [Engaged Marriage](#) and Tony at [One Extraordinary Marriage](#) (\$47.00)

Healthy Kids

- *8 Keys to a Natural Childbirth* by Genevieve at [Mama Natural](#)
- [*10 Super Starter Purees for Baby*](#) from Michele at [Baby Foode](#) (\$3.99)
- [*Cleansing for Conception*](#) from Donielle at [Natural Fertility and Wellness](#) (\$6.95)
- [*Confessions of a Cloth Diaper Convert*](#) from Erin at [The Humbled Homemaker](#) (\$12.50)
- [*Go Diaper Free: A Simple Handbook for Elimination Communication*](#) from Andrea at [Go Diaper Free](#) (\$30.00)
- [*Great Pregnancy*](#) from Kristen at [Natural Birth and Baby Care](#) (\$67.00)
- [*Morning Sickness Remedies*](#) from Lindsey at [Mother Rising](#) (\$4.99)
- [*Nourished Baby \(2nd Edition\)*](#) from Heather at [Mommypotamus](#) (\$20.00)
- *Simple Guide to Fertility* from [Aimee McNew](#) (\$2.99)
- [*The Breastfeeding Lifeline*](#) from Trisha at [Intoxicated on Life](#) (\$5.95)

Homesteading

- [*2016 Homestead Management Printables*](#) from Quinn at [Reformation Acres](#) (\$3.99)
- [*Chicken Hot Topics: Controversial Husbandry Practices*](#) from Jessica at [The 104 Homestead](#) (\$6.95)
- [*Food Preservation Made Simple*](#) from Kendra at [A Proverbs 31 Wife](#) (\$3.95)
- [*The Shoestring Gardener*](#) from Claudia at [Artistic Gardener](#) (\$10.95)
- [*The Simplest of Gardens*](#) from Christy at [Whole Foods on a Budget](#) (\$3.99)
- [*Urban Farming for Kids*](#) from DaNelle at [Weed'em & Reap](#) (\$24.95)
- [*Your Custom Homestead*](#) from Jill at [The Prairie Homestead](#) (\$8.99)

Natural Home

- [*Detox Your Home Handbook*](#) from Katie at [Wellness Mama](#) (\$19.00)
- [*DIY Natural Household Cleaners*](#) from Matt and Betsy at [DIY Natural](#) (\$9.99)
- [*DIY Personal Care Products: 5 Simple Recipes*](#) from Nina at [Shalom Mama](#) (\$0.99)
- [*Gift It From Scratch: Cleaning Products Edition*](#) from Kathie at [Homespun Seasonal Living](#) (\$4.50)
- [*Living Green in an Artificial World*](#) from Sarah at [The Healthy Home Economist](#) (\$9.99)
- [*Safe & Simple*](#) from Hilary at [Accidentally Green](#) (\$4.99)
- [*Simple Handcrafted Body Care*](#) from Kendra at [A Sonoma Garden](#) (\$6.00)
- [*Simple Scrubs to Make and Give*](#) from Stacy at [A Delightful Home](#) (\$3.99)
- [*Sustainability Starts at Home*](#) from Dawn at [Small Footprint Family](#) (\$7.99)
- [*The Beginner's Guide to Zero Waste Cooking*](#) from April at [An Apple a Day Wisdom](#) (\$7.49)

Natural Remedies

- [*Conquer Diabetes*](#) from Jose at [Conquer Diabetes](#) (\$2.99)
- [*Debunking PCOS*](#) from Nat at [Nat Kringoudis](#) (\$9.95)
- [*Heal Your Gut*](#) from Lee at [Supercharged Food](#) (\$79.00)
- [*Herbal Beginnings*](#) from Kami at [Living Awareness](#) (\$9.95)
- [*Inflammation Free Zone*](#) from Amy at [Bee Happy Life](#) (\$47.00)

- [*Live Pain Free*](#) from Robin at [Thank Your Body](#) (\$9.99)
- [*The Herbarium*](#) from Amber at [Herbal Academy of New England](#) (\$45.00)
- [*The Paleo Approach to Dental Health*](#) from Eric at [The Paleo Platform](#) (\$2.99)
- [*Three Weeks to Vitality: The Ultimate Cleanse*](#) from [Mary Vance, NC](#) (\$24.99)
- [*Treating Fevers Naturally*](#) from Meagan at [Growing Up Herbal](#) (\$14.97)
- [*Trust Your Intuition*](#) from Jenni at [Natural Medicine Mom](#) (\$5.99)

Paleo

- [*30-Minute Paleo Dessert Recipes*](#) from Louise at [Paleo Flourish](#) (\$9.97)
- [*Caveman Feast*](#) from George at [Civilized Caveman Cooking](#) and Abel at [Fat-Burning Man](#) (\$47.00)
- [*Cook Eat Paleo Fast & Easy*](#) from Lisa at [Cook Eat Paleo](#) (\$9.95)
- [*Easy Paleo Gelatin Treats*](#) from Caitlin at [Grass Fed Girl](#) (\$5.97)
- [*Four-Week Paleo Kick-Start Plan*](#) from Nell at [Paleoista](#) (\$39.99)
- [*Frisky Lemon's Guide to Finding Food Freedom*](#) from Allison at [Frisky Lemon](#) (\$9.99)
- [*Paleo Fit & Paleo Meal Plan*](#) from [Paleo Plan](#) (\$34.00)
- [*Real Food Dinners for Two*](#) from Courtney at [LPHJ Kitchen](#) (\$2.99)
- [*We Can ALL Scream for Ice Cream*](#) from Jennifer at [Predominantly Paleo](#) and Vivian at [The Real Food Guide](#) (\$9.99)

Real Food

- [*227 Healthy Snacks*](#) from Laura at [Heavenly Homemakers](#) (\$7.95)
- [*Cheesemaking Made Easy*](#) from Dina-Marie at [Cultured Palate](#) (\$10.99)
- [*Chicken Dump Recipes*](#) from Sharla at [The Chaos and the Clutter](#) (\$9.00)
- [*Clean Eating Crash Course*](#) from Kimberly at [Sublime Reflection](#) (\$24.99)
- [*Conquering Your Kitchen*](#) from Annemarie Rossi at [Untrained Housewife](#) (\$4.99)
- [*CROCK'D Slow Cooker Freezer Meals*](#) from Kelly at [New Leaf Wellness](#) (\$9.99)
- [*DIY Guide to Cocktails and Mocktails*](#) from Hannah at [Kombucha Kamp](#) (\$9.95)
- [*Dressed: Simple Dressings for Frugal Foodies*](#) from Tiffany at [Don't Waste the Crumbs](#) (\$5.99)
- [*Fresh: Nourishing Salads for All Seasons*](#) from Kimi at [The Nourishing Gourmet](#) (\$18.99)

- *Get Cultured* from Jenny at [Nourished Kitchen](#) (\$147.00)
- *Healthy Ice Pops and Frozen Treats* from Kelly at [The Nourishing Home](#) (\$7.95)
- *Keeping Your Cool: Refreshing Real Food Beverages* from Jessica at [Delicious Obsessions](#) (\$5.97)
- *Lacto-Fermentation* from Wardeh at [GNOWFGLINS](#) (\$20.00)
- *Money Saving Mom's Guide to Freezer Cooking* from Crystal at [Money Saving Mom](#) (\$2.99)
- *Oh Lardy's Guide to Fermenting Fruits and Vegetables* from Kelly and Tamara at [Oh Lardy](#) (\$9.99)
- *Plan It, Don't Panic* from Stephanie at [Keeper of the Home](#) (\$4.99)
- *Real Food Basics: Second Edition* from Kate at [Modern Alternative Mama](#) (\$9.95)
- *Real Food for Rookies* from Kelly at [Kelly the Kitchen Kop](#) (\$5.99)
- *The Healthy Lunch Box* from Katie at [Kitchen Stewardship](#) (\$9.95)
- *The Safe Starch Cookbook* from Russ at [The Domestic Man](#) (\$10.00)
- *The Tired & Hungry Cook's Companion* from Kresha at [Nourishing Joy](#) (\$24.00)
- *Your Grace-Filled Journey to Real Food* from Diana at [My Humble Kitchen](#) (\$9.99)

BONUS OFFERS

- FREE Hand Soap + \$8 Credit on 1st shipment, FREE Dish Soap + \$8 Credit on 2nd shipment *plus* FREE VIP Access for 60 days (\$30) from [ePantry](#)**
- FREE SPOT Treatment for Acne & Eczema OR a \$15 Gift Certificate from [Bloom Naturals](#)**
- One FREE Online Class (up to \$60) from [Craftsy](#)
- \$15 Gift Certificate toward Any Perfect Brand Product from [Perfect Supplements](#)*
- \$15 Gift Certificate toward Select Products from [TriLight Health](#)**
- \$15 Gift Certificate from [Strawesome](#)**

*international shipping available

**U.S. shipping only